

10/10 Venerable Fathers of Optina
on “Lord I Have Cried”
“Glory” in the 6th tone

Having broken asunder the bonds of the
passions, / ye cleaved unto the **love** of the
good_/_and clothed yourselves_._ in Christ, /
becoming heirs to the **life** on high_/_through
abstinence and **humility**. / Wherefore, having found
rest from your **la**_._._bors, / ye rejoice with the
heavenly **hosts** as it meet. / O venerable fathers of
Optina, / ask remission of trans**gres**_._._sions // for
those who celebrate *your holy me-mo-ry* with love.

10/10 Venerable Fathers of Optina
Troparion in the 1st tone

Abi_ding in unceasing **prayer**, / and embracing
the wicked as well as the **good** with love, / O
ve_nerable *elders* of **Optina**, / ye served God and
your **neigh**ors, / and through **vi**_gils, *tears* and
fasting_/_received the gift of divers **miracles**. /
Glo_ry to Him who hath given us such *mediators*! /
^{1a} Glory to Him *who* hath **glorified** you! // Glory to
God who is **wondrous** in His saints!

10/10 Venerable Fathers of Optina
After the Matins Gospel and Psalm 50
in the 6th tone

Having rejected all the tyranny of the **passions** /
and trampled every plot of the wicked serpent
under**foot** through Christ, / O venerable fathers of
Op_.**_**tina, / ye were shown to be **radiant** with light, /
illuminating the whole world like **bea**_cons, / dispelling
the darkness and healing **infirmities** through grace, /
showing yourselves to be the **helpers** of all // who
celebrate *your* **holy me**-mo-ry with faith.

10/10 Venerable Fathers of Optina
Kontakion in the 8th tone

Hav-**ing with-drawn** from this **vain** work and
discovered a treasure through your **pure life**, / ye
have not a-ban-doned your **care** for **sin-ners** in this
world; / but, **as guides** for the **lost**, de-**li-ver** us
from the **va-nity** of this **world**, // that **we may say**:
Re-**joice**, O divinely wise **el-ders**!

10/10 Venerable Fathers of Optina

On the Praises

“Glory” in the 8th tone

Having **lifted** the cross to your **shoul_**ders / and crucified the flesh with *the* **passions** and lusts, / ye crushed the **head** of *the* **ser_**pent. / Show us forth as **van**quishers of sin, // and teach us to offer fruits worthy of **repen_**tance.

“Both now” in the same tone

O **Mis_**tress, / accept the supplications of *thy* **ser_._**vants, // and deliver us from all **want** and grief.