2nd Sunday in Lent - St Gregory Palamas

"Glory" on "Lord, I have cried" in the 6th tone

Thrice-blessed saint, most holy **fa**ther, / good shepherd and disciple of Christ the Chief **She_**pherd, / thou hast laid down thy **life_** for thy sheep. / And now in thine inter**cess**ions, / O God bearing Gregory, our **fa_**ther, / pray that great **mer_._.**_cy // may *be* **granted to** our souls.

2nd Sunday in Lent - St Gregory Palamas

"Glory" on the Aposticha in the 8th tone

Thy tongue, watchful in teach_ing, / rings in the ears of our hearts / and awakens the souls of the sloth_ful. / Thy words, inspired by God, / are a ladder leading us from earth to heav_._en. / O Gregory wonder of Thessaly, / pray to Christ without ceas_ing, / that we who ho_nor thee // may be illumined with the divine_ light.

2nd Sunday in Lent - St Gregory Palamas Troparion in the 8th tone

Light **of Or-**tho-**dox-**y, **pil-**lar and **teach-**er of the **Church**, / a-**dorn-ment** of mo-**nas-**tics, in-**vin-**ci-ble cham-pi-on of the-o-**lo-gians**, / O **Gre-go-ry** thou **won-**der-worker, boast of Thes-sa-**lo-**ni-**ca**, // he-**rald of grace**, ev-er **pray** that our **souls** be **saved**.

2nd Sunday in Lent - St Gregory Palamas

Kontakion of St. Gregory in the 8th tone

O sa-cred and di-vine organ of wis-dom, / clear trump-et of the-o-lo-gy: / we praise thee with one ac-cord, O Gregory of di-vine speech; / but as a mind stand-ing before the Pri-mor-di-al Mind, / di-rect our mind to Him, O fa-ther, // that we may cry: Re-joice, O he-rald of grace!

2nd Sunday in Lent - St Gregory Palamas

Kontakion of the Sunday in the 4th tone

The season of the virtues hath **now** been revealed, / and **judg**ment is at the doors; / therefore let us arise and **keep** the Fast, / offering tears of compunction to**geth**er with our alms, / and let us cry: Our sins are more than the **sands** of the sea; / but do Thou pardon us, O Cre-**a**-tor of all, // that we may receive incor**rup-**ti-ble crowns.